
The Bulletin

Hobbs Seniors' Club

April / May 2024

*Spring is nature's way of saying, "Let's party."
--- Robin Williams*

National Volunteer Week

National Volunteer Week will be observed in Canada this year from April 14 to 21. National Volunteer Week is a time to celebrate and thank Canada's 24 million volunteers. About 40 of them are serving the Hobbs Seniors' Club. Not only do we want to applaud their work on our behalf, we want to pamper them with a little TLC and tea. Hence, we are treating them to a Volunteer Appreciation Tea on Wednesday, April 17, from 2:00 to 4:00. Hobbs volunteers are fundamental to the smooth functioning of the Club's many activities. We see many of them every week as the convenors of our daily activities; but some do their work behind the scenes, for example, keeping in touch with members who don't have internet access. Let's say thanks to the volunteers who keep our Club running.

Minute-to-Win-It Competition – April 20th

Here's a challenge – a friendly competition among the various activity groups that participate in daily activities at Hobbs. A Minute-to-Win-it involves teams competing in timed games for prizes and the gratification of winning. We invite each activity – Darts, Line Dancing, Tai Chi, Yoga, Euchre, Mah Jongg, etc. – to put together a team to compete for first place in a contest of twelve (12) different games.

Teams of four players can vie for the win. Up to twelve teams can register for play. Sign up sheets will be on display in the Hobbs' Lobby. Give your team a name. Design a costume. Invent a mascot. Be creative. Show how you represent your activity. Team themes matter!

In this competition, brute strength is your enemy. A gentle touch, patience, flexibility and a hearty sense of humour will serve you well.

And, of course, what are games without cheerleaders. Your team needs your support. Come out and cheer them on. Who will win? The nimble line dancers? The flexible yogis? What about the bullseye-hitting Dart players? The card sharks? Can Mah Jongg meld a team? Are the Tai Chi practitioners too serene to compete?

The Team registration fee is \$20.00. Tickets for cheerleading members are \$5.00 each; non-members pay \$7.00

The Games begin promptly at 1:00. Once all twelve teams have completed all twelve challenges, everyone can enjoy a beer or a glass wine while the prizes are awarded. Hotdogs, potato chips and the usual array of non-alcoholic drinks will round out the refreshments.

Important News for Line Dancers

Effective April 2, 2024, the Beginners Line Dancing class is now closed to new dancers. The next session begins in September 2024. The cost per class is now \$6.00 for members.

Also, effective April 2, 2024, the Thursday Line Dancing schedule is changed: the Beginners class which starts at 9:30 will now end at 10:30. The Intermediate class will start at 10:45 and end at 11:45.

You'll want to save the date for a Dancing with the Stars Line Dancing evening on **Friday, April 26**. Dancers, think about dressing up as your favorite celebrity. All levels of line dancers are welcome - beginners, experts, current and former dancers. Members will pay \$10.00; non-members will pay \$12.00. Please register with either Marilyn Campbell or June Goodall.

By the way...

The skating rink boards will soon be gone so we'd like to encourage members who can easily manage the stairs to park in the lower lot when the main lot is full. Let's be considerate of the Larch Crescent residents who put up with cars lining their street half the year and having cars constantly using their driveways to turn around.

Coming up in May

Darts Potluck: Friday, May 10, at 5:30 p.m., followed by a few games for those who wish to play.

Cost: Free for members. \$2 for non-members

What to bring: Dish of your choice

Refreshments: Tea, coffee and water will be provided.

Coming up later in the spring

Workshop on Fall Prevention. Meg Stickl from Aim Fitness and Catherine Bennett from Build Able, are offering fall prevention workshops across Ottawa to help adults in our demographic stay in our homes. The statistics are scary: falls are a leading cause of injury-related hospitalizations for Canadian seniors. They will share some simple steps to make our homes safe, steps which make a big difference in preventing falls.

Coming up in June

Friends, please mark your calendars for the Annual General Meeting. It will be held this year on Thursday, June 6. More details will follow as we draw closer to the summer; meanwhile, please know that the term for two (or possibility three) positions end in June; thus, elections will be on the Agenda. We are definitely going to need someone to take on the secretary role.

Please take note

The Club will be **closed**

- on Good Friday, March 29 (open Easter Monday)
- for cleaning on Tuesday, April 2
- for cleaning on Tuesday, May 7

Board of Directors

Jo Anne Denis, Sheila Dhal, Marjorie Ashworth, Christine Kennedy, Diane Gauthier, Carol Corcoran, Shirley Heaslip

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