
The Bulletin

Hobbs Seniors' Club

January-February 2019

*"Be at war with your vices, at peace with your neighbors,
and let every new year find you a better man" [or woman]*

~Benjamin Franklin

Merry Christmas and Happy New Year, everyone! We sincerely hope that you have been in the company of family and friends over the holiday season, and that the spirit of Christmas follows you into 2019. The Club has been experiencing an influx of new members, and at last count our membership had reached 317. We wish to extend a warm welcome to our newcomers, and hope that you enjoy taking part in the various activities and making new friends. Our rental contract with the City of Ottawa has been finalized for the period covering January 1 to August 31, 2019 (the City's year-end), including five free evening event dates listed below.

AED AND FIRST AID WORKSHOP

Further to our last Bulletin, we have received the following information from the Ottawa Paramedic Service. Their basic course, which is a 3-hour on-site workshop, includes CPR Essentials, includes Scene Management and Level of Consciousness, Calling 911, Adult CPR and Automatic External Defibrillator (AED), Cardiovascular Emergencies: heart attack, angina, stroke and transient ischemic attack (TIA). A minimum of 15 participants is required to a maximum of 20. The charge for this course is \$20 per person, which cost would be covered by the participant, as well as a \$50 administrative fee to be covered by the Club. In order to gauge the level of interest amongst members, we have posted a sheet on the bulletin board for you to indicate whether you would like to take advantage of this training. Please be sure to leave your name and phone number NO LATER THAN FEBRUARY 15.

PROCEDURES IN THE EVENT OF LAST-MINUTE CANCELLATIONS

Now that winter is upon us, there is always the possibility that classes/activities may need to be cancelled due to inclement weather. Last-minute cancellations may also be necessary for other reasons. The Board has discussed this issue and has decided on the following: It will be left up to each activity to decide on whether or not to call for a

last-minute cancellation (for any reason), and we are asking that conveners and/or instructors organize a telephone or email tree in order to notify participants in case of such an eventuality.

A COUPLE OF REMINDERS

- Just a gentle reminder to avoid wearing perfume, cologne or other strong scents at the club, in order to ensure that everyone is able to enjoy their activities in comfort.
- As we move toward becoming a greener organization, it is important to consider the impact that plastics have on the environment. Although they are recyclable when disposed of properly, plastic glasses are not biodegradable. The Board would ask you to consider bringing your own reusable water bottles to Club activities; in fact, as of March 1 plastic glasses will no longer be available. It may seem fairly insignificant, but if every person in every organization took this position, it would have a positive impact on the environment. So, please, let's do our part!

ACTIVITIES AND UPCOMING EVENTS

December was a busy month for the Club, including two special evenings for the Line Dance and Stretch & Tone groups, as well as a very successful Mingle and Jingle, which enjoyed a good turnout. Many thanks to Joan Rousseau, our 'unofficial photographer,' for taking photos to mark the occasion. They are currently posted on the Club bulletin board. The next occasion for a get-together will be the December 31 New Year's Eve party, the final event being sponsored by the outgoing Roy G. Hobbs Seniors' Club. If you don't have your tickets yet, there are still a few available by contacting Michel Theriault at 613-824-8607. Please remember that all daytime activities are cancelled on December 31.

January tournaments:

Cribbage – Wednesday, January 2 (note the new start time of 12:50 p.m.) Cost: \$6.00.
Bid Euchre – Monday, January 21 at 12.50 p.m. Cost: \$6.00.

A Valentine's Day potluck will be held on the afternoon of February 14 (see below), and plans are in the works for a St. Patrick's Day party. As always, we encourage you to check the accompanying Calendar of Events for up-to-date information, including

January resumption dates; and please keep an eye open for details and updates posted from time-to-time in the club.

VALENTINE'S DAY POTLUCK

WHEN: Thursday, February 14, 12 to 3 p.m.
COST: \$5.00 for members; \$7.00 for non-members.
ENTERTAINMENT: Larry Garnett, the 'Guitar Guy' (1 to 3 p.m.)
WHAT TO BRING: Your contribution to the meal, as well as your own plate, cup and cutlery.
REFRESHMENTS: Coffee and tea will be provided.
REGISTRATION: Tickets will go on sale at the Club mid-January, from any of the directors.

As part of the Club's contract with the City, the facility will be available to us for evening events on February 22, March 22, April 12, May 3, and June 7. If your group/activity wishes to make use of one of these dates, please contact Marilyn or Ann regarding availability.

FOR SALE

As you may know, the Club has several pairs of snowshoes on hand, which were previously rented out to members of the Outdoor Activities group. Unfortunately, no one has come forward to take over this activity, and we have been unable to find a workable way to continue making the snowshoes available for rental. It has been decided, therefore, to offer them for sale to Club members for \$25 a pair, on a first come-first served basis. They are in very good condition, so if you are interested please contact Marilyn at Marilyn.campbell32@yahoo.com, after January 2.

BIRTHDAY WISHES

Best wishes to all those celebrating birthdays in January and February. *"May you count your life by smiles, not tears; your age by friends, not years."* Happy birthday!

THE DEADLINE FOR MARCH/APRIL BULLETIN IS FEBRUARY 22. Please submit your contribution to Ann at amcconnell.come@gmail.com or call 613-824-7371.

Board of Directors

Ann McConnell, Marilyn Campbell, Nancy Hebert, Christine Kennedy, Rosie Schurr, Nancy Frawley, Michel Theriault

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