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# The Bulletin

## Hobbs Seniors' Club

July-August 2023

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*"If anything is certain, it is that change is certain."*

*Phil Crosby*

### **MESSAGE FROM YOUR NEW PRESIDENT**

The knowledge and experience of the Board members I have worked with over the past year or so made it a relatively easy decision to move from secretary to president, although, like you, I was reluctant to step forward. So far, it's been the blast that Ann promised it would be.

The current and new Board members had our first meeting last week, at which we all agreed to help out one another; and, in July, when our new Secretary, Shirley Heaslip, joins us, Hobbs will have a full complement on the Board. Hence, we are off to a great start.

I am grateful to everyone who has expressed support for us as we begin the new year. Keeping the Club running as smoothly as it has these past years is a goal of the Board; meeting as many of you as possible is a personal one. Feel free to email me at [jodenis@ymail.com](mailto:jodenis@ymail.com) or call me on the Hobbs telephone number (613-462-4082). If you want to see me in person, I am at the Hobbs Centre every Wednesday at 9:00 before the 9:30 yoga class (in July and August) and every Friday at 8:30 for the 9:00 yoga class. See you at the Strawberry Social next week! - *Jo Anne*

### **REPORT ON JUNE 9 AGM**

We had a very good turnout for this year's AGM, the final count being 47 members! It is encouraging to see the increased level of interest, and we thank you for taking the time to participate. A few items of importance to the Club were addressed, with the following outcomes:

- The proposed amendment to Article I of the Constitution was approved, to allow for the option of making annual donations to charitable/non-profit organizations in Ottawa that help seniors and/or persons in need.
- The proposal to return membership fees to \$20 and re-instate a reduced renewal fee of \$5 was approved. This change will take place with the upcoming 2023-24 membership season (membership notice to follow in due course).
- And, finally, Diane Gauthier and Carol Corcoran were acclaimed as our new Membership Director and VP Administration respectively. However, the President's position had not been filled by the close of the meeting. Subsequent discussions resulted in Jo Anne Denis (introduced above) agreeing to take on the 2-year term as President, followed by Shirley Heaslip's offer to finish out Jo Anne's term as Secretary. A hearty "thank you" to all four ladies! So, introducing our Board of Directors for 2023:

President - Jo Anne Denis [jodenis@ymail.com](mailto:jodenis@ymail.com)

VP Program (Activities) - Marjorie Ashworth [margie.ashworth@gmail.com](mailto:margie.ashworth@gmail.com)

VP Program (Events) - Sheila Dahl [sdahl@bell.net](mailto:sdahl@bell.net)

VP Administration - Carol Corcoran

Membership Director - Diane Gauthier [dcgauthier@rogers.com](mailto:dcgauthier@rogers.com)

Treasurer - Christine Kennedy

Secretary - Shirley Heaslip

### **ACTIVITIES**

As in previous years, there will be a few adjustments to the activity calendar for the summer. Please note the following and be sure to check the July/August Calendar accompanying this newsletter.

- Line dancing: Will pause for July and August and will start up again September 6.
- Yoga: Monday class will move to Wednesday at 9:30 a.m. for July and August.
- Gentle Sit and Stand: Wednesday class will move upstairs for July and August, with an 11 a.m. start time.

There will be further adjustments to come in September, so please watch for details towards the end of August.

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**A new activity to try this summer!**

Hobbs Seniors' Club has negotiated with Jocelyne Smallian-Khan, a professional dancer, to teach Bellydancing this August. Think Bollywood, Flamenco and Latin dances. Together, they comprise Bellydancing. You know you have secretly always wanted to try it out. Here is your opportunity! While Jocelyne takes the study of dance seriously, she wants students to have fun. All ages, shapes, sizes, and genders are celebrated in her classes. All classes include proper warm-up, attention to posture, safe movement technique, guided improvisational dancing, cool-down and stretching, as well as information on historical and cultural context. Her aim is to provide a fun, supportive environment which will help students acquire grace and improve self-confidence through dance.

Classes will be held on the five Thursdays in August, starting on August 3 from 10:30 to 11:30. The cost will be \$2.00 for members and \$4.00 for non-members.

To register in advance, please contact Marjorie Ashworth at [margie.ashworth@gmail.com](mailto:margie.ashworth@gmail.com) or just show up on August 3!

**Mah Jongg lessons:** Beginning Friday, July 14, lessons will be offered for anyone wishing to learn to play this fascinating game. If you are interested, please contact Joyce Scott at [scottjoy8@rogers.com](mailto:scottjoy8@rogers.com)

**EVENTS**

**Armchair Travels with Lynda Buske:** Even though the final turnout was much smaller than anticipated, it has been reported as a rousing success! Apparently, everyone there had a wonderful time, thoroughly enjoying their "travels" and the lively discussions and laughter that went with them. Another "trip" is in the works for the fall, so watch for details. A big vote of thanks to Lynda for providing such an entertaining couple of hours, and to Sheila Dahl for organizing it.

**Strawberry Social Potluck:** A short reminder that tickets are on sale (and going fast) for the July 7 event, which begins at 1:30 (doors open at 1pm.) While strawberry-themed dishes are encouraged, any other snack to complement the spread will be welcome. There will be musical entertainment, a 50/50 draw, a door prize, and a prize for the "best/most interesting hat." See you there!

(Note: Friday Games will be cancelled for that afternoon.)

**Cribbage Tournament:** Friday, August 18, 7pm. (6:45pm arrival). \$6 for members / \$8 for non-members

**COMING in SEPTEMBER**

Volunteer Tea - date to be determined

Darts Potluck - Friday, September 15 (further details to come)

**REMINDER:** The Club will be closed on Tuesday, July 4 and Tuesday, August 1 for facility maintenance.

It will, however, be open on Monday, July 3 and Monday August 7.

**NOTE FROM PAST PRESIDENT**

As the saying goes, "it's been a slice!" I can't say enough about how much I've enjoyed the past five years. Not knowing much about the Club as a whole, or, indeed, how it was meant to operate as a new entity, I came into the position with a great deal of trepidation. However, with the help of outgoing Roy G. Hobbs president, Michel Theriault, and the collaboration of my fellow, brand new board members, it didn't take long to fall into a rhythm which, to be honest, felt a lot like having a job - but one that I really, really liked. It has been great fun getting to know so many of you and feeling the warmth, support and camaraderie that radiates throughout the Club. You should know that none of what has been accomplished over the first five years of the Hobbs Seniors' Club could have happened without the dedication and full collaboration of all Board members, old and new, and I thank all of you! And now, I have no doubt at all that the Club will continue to thrive in the very competent hands of its new President, Jo Anne Denis, and her cohesive team of Directors. Cheers! - *Ann*

Board of Directors

Jo Anne Denis, Sheila Dahl, Marjorie Ashworth, Diane Gauthier, Carol Corcoran, Christine Kennedy, Shirley Heaslip  
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