
The Bulletin

Hobbs Seniors' Club

September-October 2023



The only way to have a friend is to be one.

--Ralph Waldo Emerson

Well, another season is almost done, and what a summer it has been! With any luck it will lead us into a beautiful, more temperate autumn, one which will allow us to really take advantage of our great outdoors. In the meantime, there is still lots to do indoors at the Club.

MEMBERSHIP

A warm welcome to our new members. We do hope you are enjoying our activities and are meeting new people. Our membership continues to increase, with the latest number at 390. The good word continues to spread! As you know, the membership renewal drive is already underway. Our membership director, Diane Gauthier, will continue to attend the Centre prior to activities, well into September. Remember, anyone renewing after October 31 will have to pay the full new member price of \$20. A copy of the Membership Notice is attached for those who may have missed it.

There are still a few new membership cards being held at the Centre for pickup. If you have been waiting for yours, please ask your activity convener to check.

And, please notify Diane (dcgauthier@rogers.com) of any change of information (phone, address, etc.).

ACTIVITIES

Please note the following changes to the activity calendar, beginning in September.

- Line dancing: Returning on Wednesdays and Thursdays, beginning on September 6. No need to pre-register.
- Yoga: Wednesday yoga moves back to Monday mornings at 11 a.m., beginning on September 11.
- Gentle Sit and Stand: Wednesday class moves back downstairs on September 6, with a start time of 10 a.m.
- Thursday Stretch & Tone: Moving to Friday mornings at 10:30 a.m., beginning on September 8.
- Tai Chi: Starting next month, there will be three tai chi classes, as follows: Beginners will move downstairs beginning on Friday, September 8 at 10:30 a.m.; Advanced Beginners will take over the 10:30 a.m. Tuesday time slot as of September 5; and, Advanced will be downstairs on Fridays at 1:00 p.m. beginning on the 8th. Please note that pre-registration is required for the Beginners, as the class is limited to 15 participants. The cut-off date for registration is September 30. Contact Rosie Schurr at rschurr6433@gmail.com.

Please refer to the Activity Calendar for full details on these and all other activities. Any questions should go to Marjorie Ashworth at margie.ashworth@gmail.com

Belly dancing has been a great success, enjoying a good turnout. So much so, that it may be continued in the Fall. Watch for more information on this.

EVENTS

Volunteer Recognition Tea: Thursday, September 21, 2 - 4 p.m. (by invitation only)

Darts Potluck: Friday, September 15, 5:30 p.m., followed by a few games for those who wish to play.

Cost: Free for members. \$2 for non-members

What to bring: Dish of your choice

Refreshments: Tea, coffee and water will be provided

Hallowe'en Potluck: Monday, October 30, 1 - 4 p.m. (doors open at 12:30)

Cost: Members \$2; non-members \$5. Tickets will go on sale in September (date TBD).

What to bring: Dish of your choice.

Refreshments: Tea, coffee, cold drinks will be supplied.

Entertainment: First Choice DJ

Dress to impress (the judges), as there will be a prize for best costume.

And a first "heads-up" regarding our second **Christmas Craft and Bake Sale**, which is planned for Saturday, November 18. Details to come at a later date. So, get busy, you crafty people!

Ottawa Valley Bus Tour: There are still seats available for this September 30 tour. Please see details and contact information posted on the bulletin board.

AN IMPORTANT NOTE

As the weather turns colder and the flu season approaches, so, too, does the inevitable upward trend in COVID. We are being reminded that COVID-19 continues to circulate and is currently being driven by the new EG.5 variant, for which a vaccine has yet to be developed. As we have been doing, we must continue to monitor ourselves, stay home when unwell (no matter the cause), and notify our conveners should we test positive or find we have been in close contact with a positive COVID case. It is also being strongly recommended that our age group receive another shot in the fall - you can even schedule it with your flu shot and have it "done in one."

HOUSEKEEPING ITEMS

- The steps leading up from the back parking lot have finally been fixed! This was a safety issue that had been raised by a few members.
- There are a number of water bottles that seem to have taken up permanent residence in our Lost and Found box. Please check to see if one of them is yours. Suggestion: put your name on your bottle!

IN MEMORIAM

Helen Scullion, a long-time member of our Club, passed away on July 26. Helen joined the Club in 2014 and was a regular at Line Dancing.

FYI: The Club will be closed on Monday, September 4 Labour Day, but open on Tuesday, September 5. It will be closed on Tuesday, October 3 for maintenance and Monday, October 9 for Thanksgiving.

Happy Thanksgiving, everyone!



Board of Directors

Jo Anne Denis, Sheila Dhal, Marjorie Ashworth, Diane Gauthier, Carol Corcoran, Christine Kennedy, Shirley Heaslip
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