
The Bulletin

Hobbs Seniors' Club

Interim edition: October 2022

"Let us be kinder to one another."
-Aldous Huxley



Having just recently reverted to publishing a bi-monthly newsletter, it seems there is just too much going on to keep it for another month. So, here are some updates for you, to keep you abreast of activities and upcoming events.

ACTIVITIES

As the Club continues to expand with new members joining weekly, daily activities are beginning to fill up – in some cases, to over-capacity. As a result, to accommodate the increased interest and participation, some changes are being made. Please see the revised Calendar of Activities, attached.

Stretch and Tone: As you already know, with the return of Line Dancing, Thursday Stretch and Tone has moved back downstairs. Unfortunately, the smaller room size makes it difficult to accommodate the over 20 participants at one time. Lise proposed that the Thursday class be split in two: so, there is now one at 9am, with the second at 10:30. This may change back to a single class once the Snowbirds start heading south. At the same time, you may be interested to know that Lise has introduced fitness stations to her Tuesday and Thursday classes once a month to add a little variety – lots of fun while still working out.

Yoga: This activity is also very popular with members, creating a need for a second yoga class. Anne Ho has kindly agreed to move the start time for Monday Darts to 9:00 a.m., leaving the 11:00 to 12:00 slot available for the second yoga class. First opportunity for the second class will be given to individuals who have not been able to get into the Friday class, after which some current participants may be able to attend both classes.

A reminder to participants of “active” classes who may have health or mobility issues: it is a good idea to check with your physician before taking part.

SPECIAL EVENTS

We are getting busier and busier with upcoming events, as outlined here. Please mark your calendar!

Hallowe'en Party: Plans are underway for our Hallowe'en Party, which is now scheduled for the afternoon of Friday, October 28. This will leave the 31st free for you to ready yourselves for the onslaught of ghosts and goblins. You are cordially invited to be our guests at this, our first proper social gathering since 2019. Doors will open at 1:30 p.m. There will be light refreshments, tea and coffee, as well as entertainment. You can expect a few door prizes, and the usual 50/50 draw. There is no charge for this event (other than a nominal \$2 for non-members), but we ask that you register ahead so that we can provide tickets for the door prizes, and to determine how many to expect. Tickets will be available as of October 3, and watch for the poster, which will contain full details. No special dress code, but feel free to don a costume or fancy mask. If there are enough costumes, we may even have a “best costume” contest. Hope to see you there! Please note: Friday Games will be cancelled.

Christmas Celebration: We are also working on our Christmas dinner/dance, which will be held on Saturday, December 10 in MIFO's *grande salle*, 6600 Carriere Street. Peter Loan will cater the event, and First Choice will be our DJ (both of whom were used for our 2019 dance, with very positive reviews). Further details will be provided as soon as they are available – but you can be sure there will be door prizes, 50/50 draws, and more. As successful as our 2019 event was, we are striving to make this one even better!

New Year's Eve Party: In keeping with Hobbs Club tradition, there will be a New Year's Eve party this year. Since New Year's Eve falls on a Saturday, the party will be held on the afternoon of December 30. Planning has not yet started for this but rest assured, it hasn't been forgotten. Much more to come. Oh, and by the way, there will be no "Bring on 2023" cake; look what happened last time!

OTHER EVENTS

The remainder of our free Saturdays for this year have all been spoken for, as follows:

October 15: Cribbage Tournament

Time: 7pm – please arrive by 6:45

Cost: \$6.00 for members

What to bring: Quarters for skunks and "19" hands (optional)

November 19: Hobbs Craft and Bake Sale

Time: 4pm – set up tables / 6pm – doors open for shoppers

Cost: Whatever you decide to buy

What to bring: Your wallet

(Details on how to book a table, etc. will be forthcoming soon.)

December 17: Stretch and Tone Potluck (for S&T and GSS participants)

This is a tentative booking, to be confirmed in the next *Bulletin*.

MEMBERSHIP RENEWALS

This is your final reminder that the deadline for 2022-23 renewals is Monday, October 31. Any memberships not renewed by that date will be removed from our list. So, please hurry in and take advantage of the "no fee" renewals. Rosie will be at the centre 30 minutes before each morning and most afternoon activities.

EMERGENCY CARD

If you would like a free emergency card, go to this link: <https://freeemergencycontactcard.com>

FRANK DUPONT

We have just learned of the passing last month of Francois (Frank) Dupont, one of the founding members of the former Roy G. Hobbs Club des aines. He had temporarily returned to the Club prior to COVID to take part in Gentle Sit and Stand, and possibly cards. See the following link for his obituary:

<https://www.dignitymemorial.com/en-ca/obituaries/ottawa-on/francois-dupont-10876033>

That's all for now, folks. Look for our next *Bulletin* at the end of October. In the meantime, have a wonderful Thanksgiving and a happy Hallowe'en.



Board of Directors

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